

Fox Chapel RACQUET CLUB



Swim Program 2023



AQUATIC PROGRAMS

PIRANHAS SWIM TEAM



We invite all swimmers, beginners to age 17, and their families, to join the fun of competitive swimming. If your swimmer can “swim” a length of the pool and wants to

swim fast and be part of the team, we encourage him or her to join. It is a great way to strengthen skills and become a better swimmer. For parents, it is a great way to meet some of the nicest families in the Club while cheering for our young athletes.

The registration fee is \$50 each child. Registration fees cover various program costs, including daily swim instruction, and swim t-shirt.

Register your swimmer online at

foxchapelracquetclub.com!

For more details please see the Piranhas Swim Team Handbook. The Piranhas Swim Team is a member of the Silver Division of the North Hills Summer Swim League (NHSSL).

The Team will practice daily (Monday-Friday) beginning June 5th at 10 am

- June 13 - Home vs Oxford
- June 15 - Home vs Chapel Gate
- June 20 - Away at McCandless
- June 22 - Away at Ingomar North
- June 27 - Home vs North Boros
- June 29 - Home vs Adams Ridge
- July 6 - Away at Ingomar
- July 11 - Individual Champs Away - McCandless
- July 13 - Team Champs Away– McCandless

Group Swim Lessons: (Ages 3 to 7 years)

These lessons will orient children to swimming and help develop and build on appropriate fundamentals of water safety and aquatic skills.

Group lessons will be offered during three weeks in June.

The dates will be June 12-15, June 19-22, and June 26-29. The time will be 11:30am-noon.

Members can sign up for any **or** all of the weeks.

A minimum of 4 swimmers each week is needed to run the group lessons.

The maximum number of swimmers in the group will be 6.

The cost will be \$50 per swimmer per week.

Private Swim Lessons:

To build on what your child is learning in swim lessons or with the swim team, consider adding a private lesson to your day at the pool. Coaches can help reinforce the basics or improve competitive swimming skills and strokes. Lessons with Coaches are \$45.00 per half hour.

To book a private swim lesson, please reach out to Dan Taylor at danswim1@gmail.com

Member Lap Swim

Member lap swim will be offered Monday, Wednesday, and Friday mornings from 9:00 am - 10:00 am prior to the pool opening. Beginning June 5 and ending on August 8th.



POOL RULES AND REGULATIONS

Please be sure every member of your family is aware of and follows the rules. **Our Staff and Lifeguards** are in charge of safety and orderliness in the pool area. Please cooperate with them at all times. Unsafe, rude, or disrespectful conduct will not be tolerated and will result in loss of pool privileges.

- **Children under 12 years of age** may not be left unattended in the pool area or on Club property. Lifeguards are *not* permitted to attend to young children while they are working.
- Only children ages 8 and under may play at the **infant pool**.
- Children may not be left unattended at the **infant pool**, even when lifeguards are present.
- **Babysitters** (including children of members) must be at least 12 years old.
- All swimmers must pass the **deep water test** before being permitted in the deep end of the pool.
 1. Swim the length of the pool
 2. Tread water for thirty seconds
 3. Show enough confidence in the water to satisfy the pool staff
- Caregiver should be within **arm's reach** of children who are using child flotation devices and it is strongly recommended that a caregiver remain within arm's reach of any child in the big pool who has not passed the deep-water test.
- The use of **fins and kick boards** are limited solely to swim team practice and are not for play during the day.
- There will be **no squirt guns** of any kind permitted in the pool; please refrain from bringing any pool toys that are made of **hard plastic**.
- No alcoholic beverages may be taken into the pool area during a swim meet. This is a **league rule** that applies to every meet.
- **Sign In:** All members and guests must sign in when entering the pool area. **This is a state law.**
- **Swimsuits** are not proper attire near the clubhouse, except at the snack bar and immediate vicinity. Swimsuits may be worn at the pool deck only and not the tennis or clubhouse deck.

Staff & Committee

Dan Taylor– Pool Director

Lindsay Wood– Swim Coach

We also have a committee of parents who help with swim team and our pool. Megan Lange (Committee Chair), Nathan Boy, Lauren Coatney, Leigh Clouse, Libby Ernharth, Megan Rushe and McKay Shelkey-Bray. are all members of this group. Please feel free to reach out to any one of these parents if you would also like to be involved!

The 2023 summer pool season begins Saturday, May 27, at 11:00 a.m.

POOL HOURS weather permitting

11:00 a.m. - 8:00 p.m. Monday through Thursday

11:00 am - 9:00 p.m. Friday

11:00 am - 8:00 p.m. Weekends and Holidays.

The pool area, including the infant pool, will close at 4:00 p.m. when FCRC hosts a swim meet. Four home swim meets are scheduled, weather permitting, on June 13, 15, 27, 29.

The Club Manager determines whether the pool remains open when the air temperature does not reach 68 degrees and during inclement weather. Please check at the sign-in station, or call the pool office at 412-967-0328, or The Club will also notify the membership via the Club app. The pool could be closed with little or no notice to the membership.